

Rescue 3 International

P. O. Box 519
Elk Grove, CA 95759-0519
(800) 457-3728 - (916) 685-3066
fax: (916) 685-6969
e-mail: info@rescue3.com
web-site: www.rescue3.com



Rescue 3 International Instructor Courses

The following document lists the prerequisites for becoming an instructor of Rescue 3 International's Water, Flood, and Rope Rescue Program. There are three possible tracks which an instructor candidate may choose to take:

1. Rescue 3 Instructor: Water & Rope
2. Rescue 3 Instructor: Rope
3. Rescue 3 Instructor: Water

Outlines and objectives for these and other programs can be obtained by contacting Rescue 3's Corporate Office at PO Box 519, Elk Grove, CA 95759-0519; (800) 457-3728; or info@rescue3.com.

Rescue 3 Instructor: Water & Rope

The Rescue 3 Instructor: Water & Rope (INS:W&R) course provides the formal education requirements necessary to become an instructor for Rescue 3 International's Water, Flood, and Rope Program. Upon successful completion of this course, instructor candidates (ICs) will be able to teach courses to their own department or agency, including courses which meet the NFPA 1670 and 1006 standards in water and rope rescue. These courses consist of:

1. Awareness: Water Rescue
2. Operations: Swiftwater First Responder
3. Swiftwater Rescue Technician Unit 1
4. Swiftwater Rescue Technician Advanced
5. Technical Rope Rescue: Operations Level
6. Technical Rope Rescue: Technician Level
7. Swiftwater First Responder (non-NFPA)
8. Whitewater Rescue Technician (non-NFPA)
9. Swiftwater Rescue Technician 1 (non-NFPA)
10. Swiftwater Rescue Technician 2 (non-NFPA)

Prerequisites

The following prerequisites are for INS W&R instructor candidates as of Winter/Spring '04. All prerequisites course must be completed within three years from the date of the most recent SRT1.

1. Swiftwater Rescue Technician 1 (SRT1)
2. SRT 1 recert
 - * The Whitewater Rescue Technician [WRT] can replace only one of these two courses.)
3. Technical Rope Rescue: Technician Level (TRR:TL)
4. Swiftwater Rescue Technician Advanced (SRTA)
5. SRTA recert
6. Complete the Water Rescue Technician Task Book.
 - * These competencies for water and rope are signed off by the Authority Having Jurisdiction (AHJ). The task book with these skills delineated is obtained from RQ3 Corporate Office for a cost of \$25.00
7. EMT or equivalent*
8. Letter of reference from Active Non-Provisional RQ3 Instructor
9. At least one of the following:
 - i. Teaching Methodology Course[†]
 - OR-**
 - ii. Teaching experience which is:
 - (1) validated by an instructor level certificate from a recognized training organization along with substantiation of teaching of courses through that organization for at least 24 months
 - OR-**
 - (2) substantiated by a letter from a person in authority within the group for which the IC has taught for at least 24 months and then verified by an ACTIVE Rescue 3 Instructor Trainer (IT). The IT will observe the IC teaching in front of a group one of the "Lecture Knowledge" skills on the Swiftwater Rescue Technician Unit 1 - Training Record. The IT must provide a written evaluation prior to the instructor course.
10. IC must be in excellent physical condition
11. The student must be free of chronic medical problems
12. Prerequisite paperwork must be submitted at least one month prior to the Rescue 3 Instructor: Water & Rope course.
 - * If a prerequisite course is only available less than one month before the Instructor's course, all paperwork and application with the exception of that course must be submitted.

* An Instructor's course may be taken before the EMT requirement is completed, however the IC will be a conditional instructor until all paperwork and certificates are complete. Conditional instructors cannot order materials or teach within their own agency.

† An Instructor's course may be taken before the Teaching Methodology course is completed, however the IC will be a conditional instructor until all paperwork and certificates are complete. Conditional instructors cannot order materials or teach within their own agency.

After Completing Prerequisites

Once all of the above prerequisites are completed, the IC is eligible to take the Rescue 3 Instructor: Water & Rope course. This course consists of two sections:

- Section A
 - Two-day Professional Qualification Workshop: Water and Rope.[‡]
 - IC must pass Section A before he will be eligible to attend Section B.
 - If IC initially fails to pass Section A, he can attend this portion of the instructor course once more at no additional tuition charge
- Section B.
 - Three-day Rescue 3 Instructor: Water & Rope course.

These two sections comprise five days of formal preparation designed to prepare Rescue 3's instructors to teach courses in a uniform manner while still allowing them the flexibility to change the course to fit their students' needs. In addition to knowing how to teach the course, ICs are also made aware of the risks associated with teaching rescue courses. ICs must prepare themselves for these risks, as well as being aware that as instructors they will be responsible for performing all of the skills they teach prior to committing students to any situation. ICs must also be prepared to rescue students in distress, as well as handling any situation which may arise during a class.

In order to facilitate these needs, the instructor course is arranged as follows:

- Days 1 and 2 are the days on which the ICs prove their water and rope skills.
- Days 3 and 4 concentrate on the teaching skills and class organization as required to teach the corresponding days in the courses.
- On Day 5 the ICs present and teach their lesson plans to other course attendees and participate in a group critique.

At the successful completion of the Rescue 3 Instructor: Water & Rope course, the IC is considered to be an active, provisional water and rope instructor. Active status means that the new instructor is in good standings with Rescue 3's corporate office. To maintain active status, instructors must teach at least one course each year, attend a course with an Instructor Trainer or Preceptor at least once every two years; attend regional meetings yearly; provide all necessary paperwork for instructor and student files; and maintain all physical and medical requirements.

Provisional status means that the new instructor is granted permission to teach his own group or agency. Materials for classes will be ordered from Rescue 3's Corporate Office.

[‡] The Professional Qualification Workshop: Water and Rope may be taken no more than one year prior to the Rescue 3 Instructor: Water & Rope course. If more time has lapsed, the IC will be eligible to take the workshop as a recert.

Provisional instructors wanting to attain non-provisional status must attend additional courses with a Rescue 3 Instructor Trainer or Preceptor (IT/IP) in the role as a student teacher. While student teaching, the IT/IP will evaluate the instructor and sign off skills successfully taught. Upon being fully signed off as a non-provisional, the instructor may teach classes that are open to students from agencies and departments other than his own.

It should also be understood by IC that attendance of the Rescue 3 Instructor: Water & Rope course in no way implies provisional certification. A poor evaluation of teaching skills and/or an inability to perform rescue skills to the satisfaction of the Instructor Trainer may delay provisional certification. Students not granted provisional status at the end of the course are considered to be conditional instructors. Conditional instructors have six months to a year to remedy the circumstance that resulted in their conditional status.

Rescue 3 Instructor: Rope

The Rescue 3 Instructor: Rope (INS:R) course provides the formal education requirements necessary to become an instructor for Rescue 3 International's rope program. Upon successful completion of this course, instructor candidates (ICs) will be able to teach courses to their own department or agency which meet the NFPA 1670 and 1006 standards in rope rescue. These courses are

1. Technical Rope Rescue: Operations Level
2. Technical Rope Rescue: Technician Level

Prerequisites

The following prerequisites are for INS:R instructor candidates as of Winter/Spring '04. All prerequisite courses must be completed within three years of the date of the most recent TRR:TL

1. Technical Rope Rescue: Technician Level (TRR:TL)
2. TRR:TL recert
3. Complete the Rope Rescue Technician Task Book.
 - * These competencies for water and rope are signed off by the Authority Having Jurisdiction (AHJ). The task book with these skills delineated is obtained from RQ3 Corporate Office for a cost of \$25.00
4. EMT or equivalent[§]
5. Letter of reference from Active Non-Provisional RQ3 Instructor
6. At least one of the following:
 - i. Teaching Methodology Course **

[§] An Instructor's course may be taken before the EMT requirement is completed, however the IC will be a conditional instructor until all paperwork and certificates are complete. Conditional instructors cannot order materials or teach within their own agency.

-OR-

- ii. Teaching experience which is:
 - a. Validated by an instructor level certificate from a recognized training organization along with substantiation of teaching of courses through that organization for at least 24 months

-OR-

- b. Substantiated by a letter from a person in authority within the group for which the IC has taught for at least 24 months and then verified by an ACTIVE Rescue 3 Instructor Trainer (IT). The IT will observe the IC teaching in front of a group one of the “Lecture Knowledge” skills on the Swiftwater Rescue Technician Unit 1 - Training Record. The IT must provide a written evaluation prior to the instructor course.
7. IC must be in excellent physical condition (See Definitions at the end of this document.)
8. The student must be free of chronic medical problems (See Definitions at the end of this document.)
9. Prerequisite paperwork must be submitted at least one month prior to the Water & Rope Technician Instructor’s course. (If a prerequisite course is only available less than one month before the Instructor’s course, all paperwork and application with the exception of that course must be submitted.)

After Completing Prerequisites

Once all of the above prerequisites are complete, the IC is eligible to take the Rescue 3 Rope Technician Instructor’s course. This course will consist of two sections:

- Section A
 - One day Professional Qualification Workshop: Rope^{††}
 - Section A must be passed before the IC will be eligible to attend Section B
 - If IC initially fails to pass Section A, he can attend this portion of the instructor course once more at no additional tuition charge
- Section B
 - Three day Rescue 3 Instructor: Rope course

These two sections comprise four days of formal preparation designed to prepare Rescue 3’s instructors to teach courses in a uniform manner while still allowing them the flexibility to change the course to fit their students’ needs. In addition to knowing how to teach the course, ICs are also made aware of the risks associated with teaching rescue courses. ICs must prepare themselves for these risks, as well as being aware that as instructors they will be responsible for performing all of the skills they teach prior to

^{**} An Instructor’s course may be taken before the Teaching Methodology course is completed, however the IC will be a conditional instructor until all paperwork and certificates are complete. Conditional instructors cannot order materials or teach within their own agency.

^{††} Professional Qualification Workshop: Rope may be taken no more than one year prior to the Rescue 3 Instructor: Rope course. If more time has lapsed, the IC will be eligible to take the Rope Technician Qualification Workshop as a recert.

committing students to any situation. ICs must also be prepared to rescue students in distress, as well as handling any situation which may arise during a class.

At the successful completion of the Rescue 3 Instructor: Rope course, the IC is considered to be an active, provisional rope instructor. Active status means that the new instructor is in good standings with Rescue 3's corporate office. To maintain active status, instructors must teach at least one course each year, attend a course with an Instructor Trainer or Preceptor at least once every two years; attend regional meetings yearly; provide all necessary paperwork for instructor and student files; and maintain all physical and medical requirements.

Provisional status means that the new instructor is granted permission to teach his own group or agency. Materials for classes will be ordered from Rescue 3's Corporate Office.

Provisional instructors wanting to attain non-provisional status must attend additional courses with a Rescue 3 Instructor Trainer or Preceptor (IT/IP) in the role as a student teacher. While student teaching, the IT/IP will evaluate the instructor and sign off skills successfully taught. Upon being fully signed off as a non-provisional, the instructor may teach classes that are open to students from agencies and departments other than his own.

It should also be understood by IC that attendance of the Rescue 3 Instructor: Rope course in no way implies provisional certification. A poor evaluation of teaching skills and/or an inability to perform rescue skills to the satisfaction of the Instructor Trainer may delay provisional certification. Students not granted provisional status at the end of the course are considered to be conditional instructors. Conditional instructors have six months to a year to remedy the circumstance that resulted in their conditional status.

Rescue 3 Instructor: Water

The Rescue 3 Instructor: Water (INS:W) course provides the formal education requirements necessary to become an instructor for Rescue 3 International's Water and Flood Program. Upon successful completion of this course, instructor candidates (ICs) will be able to teach courses to their own department or agency. These courses consist of:

1. Awareness: Water Rescue♦
2. Operations: Swiftwater First Responder♦
3. Swiftwater Rescue Technician Unit 1♦
4. Swiftwater First Responder (non-NFPA)
5. Whitewater Rescue Technician (non-NFPA)
6. Swiftwater Rescue Technician 1 (non-NFPA)

♦ ICs who have not taken an SRT1 class must attend the NFPA portion of the Instructor class in order to teach these courses.

Prerequisites

The following prerequisites are for INS:W instructor candidates as of Winter/Spring '05. All prerequisite courses must be completed within three years of the date of the most recent SRT1 or WRT class.

1. WRT or SRT1
2. WRT or SRT1 recert
3. SRTA or SRT2
4. Water experience
5. EMT or equivalent^{**}
6. Letter of reference from Active Non-Provisional RQ3 Instructor
7. At least one of the following:
 - a) Teaching Methodology Course^{§§}
-OR-
 - b) Teaching experience which is
 - i) validated by an instructor level certificate from a recognized training organization along with substantiation of teaching of courses through that organization for at least 24 months
-OR-
 - ii) substantiated by a letter from a person in authority within the group for which the IC has taught for at least 24 months and then verified by an ACTIVE Rescue 3 Instructor Trainer (IT). The IT will observe the IC teaching in front of a group one of the "Lecture Knowledge" skills on the Whitewater Rescue Technician - Training Record. The IT must provide a written evaluation prior to the instructor course.
8. IC must be in excellent physical condition
9. The student must be free of chronic medical problems
10. Prerequisite paperwork must be submitted at least one month prior to the Whitewater Rescue Instructor course.
 - a) If a prerequisite courses is only available less than one month before the Instructor's course, all paperwork and application with the exception of that course must be submitted.

After Completing Prerequisites

Once all of the above prerequisites are complete, the IC is eligible to take the four-day Instructor: Water course. This course will consist of two sections:

- Section A
 - One day Professional Qualification Workshop: Water^{***}

^{**} An Instructor's course may be taken before the EMT requirement is completed, however the IC will be a conditional instructor until all paperwork and certificates are complete. Conditional instructors cannot order materials or teach within their own agency.

^{§§} An Instructor's course may be taken before the Teaching Methodology course is completed, however the IC will be a conditional instructor until all paperwork and certificates are complete. Conditional instructors cannot order materials or teach within their own agency.

- Section A must be passed before the IC will be eligible to attend Section B
 - If IC initially fails to pass Section A, he can attend this portion of the instructor course once more at no additional tuition charge
- Section B
 - Three day Rescue 3 Instructor: Water course

These two sections comprise the four days of the formal instructor training course which is designed to train Rescue 3 Instructors to teach in a uniform manner, but still allow them to make changes at the class scene according to their best judgment.

At the successful completion of the Rescue 3 Instructor: Water course, the IC is considered to be an active, provisional water instructor. Active status means that the new instructor is in good standings with Rescue 3's corporate office. To maintain active status, instructors must teach at least one course each year, attend a course with an Instructor Trainer or Preceptor at least once every two years; attend regional meetings yearly; provide all necessary paperwork for instructor and student files; and maintain all physical and medical requirements.

Provisional status means that the new instructor is granted permission to teach his own group or agency. Materials for classes will be ordered from Rescue 3's Corporate Office.

Provisional instructors wanting to attain non-provisional status must attend additional courses with a Rescue 3 Instructor Trainer or Preceptor (IT/IP) in the role as a student teacher. While student teaching, the IT/IP will evaluate the instructor and sign off skills successfully taught. Upon being fully signed off as a non-provisional, the instructor may teach classes that are open to students from agencies and departments other than his own.

It should also be understood by IC that attendance of the Rescue 3 Instructor: Water course in no way implies provisional certification. A poor evaluation of teaching skills and/or an inability to perform rescue skills to the satisfaction of the Instructor Trainer may delay provisional certification. Students not granted provisional status at the end of the course are considered to be conditional instructors. Conditional instructors have six months to a year to remedy the circumstance that resulted in their conditional status.

*** Professional Qualification Workshop: Water may be taken no more than one year prior to the Rescue 3 Instructor: Rope course. If more time has lapsed, the IC will be eligible to take the Rope Technician Qualification Workshop as a recert.

Definitions

EMT

Emergency Medical Technician is the preferred medical certification needed as a prerequisite for qualification as a Rescue 3 instructor.

EMT Equivalent

In some areas Emergency Medical Technician certification is not readily available. Rescue 3 has a list of approved substitutes.

Excellent physical condition for water

At least, but not limited to, a good free form swimming style; the ability to swim 300 yards, freestyle, in a pool with no time limit without touching the sides of the pool; the ability to tread water for 15 minutes; a freestyle dive into 10 feet of water to recover and bring back a 30 pound weight; and the ability to run a mile and one-half in 20 minutes.

Excellent physical condition for rope

At least, but not limited to, the ability to run mile and one-half in 20 minutes; do 25 crunches in one minutes and 15 push-up.

Free of medical problems

Medical problems include, but are not limited to, chronic spinal problems or back pain; chronic knee pain or complete knee reconstruction; chronic sciatic pain; or any other chronic or limiting physical problem (such as diabetes) or ailments which would interfere with performing the physical activities executed during any of the prerequisite courses listed above. A Rescue 3 Instructor must have both the knowledge and physical ability to capably rescue any student in need during any part of a training course.

Provisional Instructor

Status granted after successfully passing an instructor course. Provisional instructors may only teach their own agency or group.

Non-Provisional Instructor

Non-provisional instructors are free to teach any student who meets the prerequisite requirements for a course, including those students outside of his own agency. To become a non-provisional instructor, provisional instructors must complete the Non-provisional Status Skill Sheet.

Conditional Instructor

A Rescue 3 instructor candidate who has not successfully passed all the necessary skills during the instructor course. Conditional instructors may not teach courses.